

BREAKFAST

6:30 am to 10:30 am

TROPICAL FRESH FRUITS AND JUICES		EGG PREPARATION	
■ FRESH FRUIT PLATTER 480 gm 72 kcal	475	■ TWO FRESH FARM EGGS (**) scrambled -180 gm 396 kcal / fried -180 gm 313 kcal	500
 SEASONAL FRUIT JUICE 275 ml orange -142 kcal / watermelon -91 kcal 	425	boiled / poached -180 gm 153 kcal	
■ TENDER COCONUT WATER 275 ml 56 kcal	425	► THREE EGG OMELETTE () □ plain -295 gm 233 kcal / masala -295 gm 337 kcal / cheese -295 gm 510 kcal	600
YOGHURT			
■ WITH FRUITS 250 gm 187 kcal ①	325	FROM THE GRIDDLE	
 HOME-MADE NATURAL YOGHURT 150 gm 40 kcal 	275	► AMERICAN PANCAKES 295 gm 679 kcal	500
LASSI 275 ml 361 kcal plain / sweet / salted	425	■ CRISPY WAFFLES 240 gm 741 kcal	500
CHAAS 275 ml 34 kcal plain / masala	425	& berry compote FRENCH TOAST 280 gm 310 kcal () (1)	500
 CEREALS 200 gm 210 kcal	300	served with maple syrup	
■ HOT OATMEAL 335 gm 396 kcal ① ③ with brown sugar & raisins	300		
■ BIRCHER MUESLI 300 gm 186 kcal ① with seasonal fruits	300		
 MORNING BAKERIES danish/croissants -100 gm 382 kcal / muffins -60 gm 294 kcal served with butter / preserves 	300		

We promote usage of locally grown & organic products. Our culinary team shall be pleased to accommodate any special dietary requirements. Prices mentioned are in Indian Rupees and subject to Government Taxes.

BREAKFAST

6:30 am to 10:30 am

INDIAN SPECIALITIES

■ POORI BHAJI 415 gm 845 kcal served with home made pickle	600
■ TAWA PARATHAS 320 gm 415 kcal 🕡 🛈 check for daily selection	600
 STEAMED IDLI 510 gm 478 kcal plain / kancheepuram served with sambhar & chutney 	500
 DOSA 440 gm 685 kcal plain / masala served with sambhar & chutney 	600
GOLDEN FRIED VADAI 520 gm 792 kcal served with sambhar & chutney	500
■ UPMA 345 gm 484 kcal semolina tempered with mustard seeds & onions	550
■ POHA 320 gm 508 kcal maharashtrian preparation of flattened rice	550

LO-CAL BREAKFAST

EGG WHITE OMLETTE 190 gm Opplain - 140kcal / masala - 150kcal	500
OATS UPMA 400 gm 307 kcal with seasonal vegetables	550
SEASONAL VEGETABLE JUICE 275 ml beetroot - 86 kcal / cucumber - 38 kcal / carrot - 96 kcal	425

SOUPS & SALAD

11:30 am to 04:00 am

WILD MUSHROOM (**) (**) SOUP 250 gm 124 kcal with paprika yoghurt & cheese toast	700
ROASTED TOMATO (1) (1) MINESTRONE 250 gm 308 kcal basil & bocconcini bruschetta -218kcal	700
CHICKEN MANCHOW O SOUP 250 gm 186 kcal an all time favourite	750
GREEK SALAD 180 gm 129 kcal with vegetables, feta, olives, lemon & oregano dressing	850
CAESAR SALAD WITH MALAI PANEER 280 gm 765 kcal crispy lettuce & parmesan cheese in creamy dressing	950
CAESAR SALAD © © © GRILLED CHICKEN 310 gm 951 kcal crispy lettuce & parmesan cheese in creamy dressing	1050

MAIN COURSE

11:30 am to 04:00 am

INTERNATIONAL SELECTION

GRILLED SALMON 337 gm 843 kcal with mashed potato, salad & pommery mustard sauce	2050
LAMB CHOPS 380 gm 905 kcal	2050

NASI GORENG 533 gm 707 kcal 🚳 🔘 🚯	1650
indonesian chicken & prawn "biryani"	
with fried egg & chicken satay	

WILD MUSHROOM	
CREPE 280 gm 150 kcal 1	1100
served with saffron sauce	

VEGETABLE LASAGNE 340 gm 634 kcal 🕦 🚯	1100
cherry tomato confit	

PAN INDIAN SELECTION

M	MALVANI JHINGA 425 gm 677 kcal 😂	1700
	aromas of malvan region of coconut base prawn curry	
-,-	IZEDALA FICIL CUDDV 270 1 701 1 1	1600

17	KERALA FISH CURRY 360 gm 691 kcal	1600
	fish curry, just the way they prepare down south	

17	MUTTON ROGANJOSH 360 gm 626 kcal	1650
	tender mutton morsels in an aromatic gravy	

#	KADHAI MURGH 325 gm 555 kcal 1	1550
	boneless chicken preparation cooked with tomato	
	& bell peppers	

MURGH TIKKA MAKHANI 325 gm 490 kcal 🕕	1550
chargrilled chicken with rich tomato gravy	

 MASALEDAR KADAI PANEER 420 gm 499 kcal semi dry preparation of cottage cheese with bell peppers 	1350
 MUSHROOM MATAR (1) HARA PYAAZ 410 gm 263 kcal mixed dry preparation of mushroom, green peas & green onion 	1050
■ VEGETABLE KOFTA CURRY 340 gm 519 kcal cottage cheese & mix vegetable koftas in a tomato gravy	1050
■ LASOONI PALAK 400 gm 340 kcal spinach cooked in indian spices with dominant flavour of garlic	1050
 VEGETABLE KOLHAPURI 335 gm 349 kcal mixed vegetables in a thick spiced gravy 	1050
YELLOW DAL TADKA 340 gm 482 kcal	800

900

■ DAL MAKHANI 340 gm | 556 kcal ①

MAIN COURSE

11:30 am to 04:00 am

HOME STYLE SELECTION		RICE SELECTION	
► HOME STYLE MUTTON CURRY 365 gm 429 kcal	1650	■ GOSHT BIRYANI 750 gm 666 kcal ① served with raita & gulab jamun	1900
no fusssimple home cooking HOME STYLE CHICKEN		▲ MURGH BIRYANI 750 gm 770 kcal ① served with raita & gulab jamun ①	1800
CURRY 377 gm 429kcal	1550	■ SUBZ BIRYANI 520 gm 561 kcal ①	1450
 AAMCHURI BHINDI 300 gm 299kcal diced bhindi cooked with onion, tomato, 	1050	served with raita & gulab jamun	1250
seasoned dried mango		 KHICHDI 600 gm (1) delicious & comforting meal made of rice & lentil, 	1350
 ALOO MATAR RASSEDAR 415 gm 226kcal home style potato & green peas curry 	1050	served with ghee, pickle, papad, curd & gulab jamun plain -147kcal / masala-175 kcal	
		CURD RICE 600 gm 308kcal	950
INDIAN THALI SELECTION available from 12.30 pm to 3.00 pm & 7.30 pm till midnig	ht	■ JEERA RICE 250 gm 240 kcal	425
NON VEGETARIAN THALI daily selection of one mutton & one chicken	1950	BREAD SELECTION	275
preparation along with two vegetable preparation accompanied with yellow dal, steamed rice,		NAAN 120 gm 287kcal	
choice of one indian bread & dessert of the day		ROTI 90 gm 300kcal	
 VEGETARIAN THALI daily selection of one paneer & two vegetable 	1750	LACCHA PARATHA 110 gm 231kcal	
preparation accompanied with yellow dal, rice, choice of one indian bread & dessert of the day		PHULKA 60 gm 30kcal	





ASIAN SELECTION

12:30 pm to 12:00 am

STARTER

SALT AND PEPPER (S) (§)	
PRAWN 260 gm 402 kcal	1650

MUSHROOM IN BLACK	950
PEPPER SAUCE 260 gm 151 kcal	

MAIN COURSE

FISH IN BASIL	
& CHILLI 260 gm 227 kcal 🕥 🐠	1450
ovster, bird eve chili & peppers	

KUNG PAO CHICKEN 26	0 gm 725 kcal 🚯 1250
-----------------------	------------------------

■ VEGETABLE MANCHURIAN 250 gm 495 kcal		950
--	--	-----

WOK TOSSED BABY PAK CHOY,	
BROCCOLI, MUSHROOM	
IN OYSTER SAUCE 295 gm 202 kcal	950

THAI CURRIES

CHICKEN RED CURRY	295 gm 730 kcal	1450
-------------------	-------------------	------

VEGETABLE GREEN CURRY	295 gm	416 kcal	1050
-----------------------	--------	----------	------

RICE & NOODLES

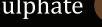
BURNT GARLIC FRIED RICE

■ PRAWNS 385 gm 205 kcal ② ② ③	1050
▲ CHICKEN 385 gm 220 kcal 🕜	950
• VEGETABLE 385 gm 217 kcal	850
JASMINE RICE 280 gm 170 kcal	450

PHAD THAI

■ PRAWNS 455 gm 490 kcal 😂 🔾 🔘	1050
▲ CHICKEN 445 gm 502 kcal 🔘 🔮	950
■ VEGETABLE 450 gm 441 kcal	850

1022





LO-CAL MEAL

• VEGETABLE CLEAR SOUP | 250 gm | 138 kcal

11:30 am to 04:00 am

LIGHT MEAL

24 HRS

700

SOUP

CLEAR CHICKEN DUMPLING	750
SOUP 330 gm 563kcal 🔮	
the lo-cal healthy optionwith greens	

SALAD

 SPROUT SALAD WITH LETTUCE 250 gm 45kcal 	750
■ FATTOUSH 260 gm 262kcal lebanese chunky salad; tossed in lemon, mint,	850

MAIN COURSE

olive oil & sumac

■ STEAMED SEABASS 410 gm 188 kcal © topped with soy ginger	1850
■ GRILLED CHICKEN 410 gm 888 kcal with sautéed vegetables	1650
■ STIR FRIED GREENS 360 gm 202 kcal with tofu	1050
■ WHOLE WHEAT NOODLE 380 gm 224kcal with sprout & greens	1050

DESSERT

SUGAR FREEAsk for Daily Selection		350
-----------------------------------	--	-----

■ FISH & CHIPS 320 gm 568 kcal ② ○ ○ in mexican stylenachos, salsa & guacamole	1450
■ DHAKAI-PARATHA ● O O ROLL 420 gm 892 kcal stir fried chicken wrapped in egg paratha	1300
■ SPICY KOLHAPURI MISAL 550 gm 195 kcal 🔮 🛈 topped with farsan & onions	1100
■ AMRITSARI CHOLE 625 gm 455 kcal 🔮 🕕 with bhature or tandoori kulcha	1100
■ PAV BHAJI 545 gm 907kcal 🔮 🛈 mumbai special potato & tomato preparation	1100

served with pav

SANDWICHES & BURGER

24 HRS

NON VEG CLUB 410 gm 1051 kcal	1250
■ GRILLED CHICKEN & EMMENTAL 305 gm 943 kcal ① ③	1150
CHARGRILLED CHICKEN TIKKA IN MULTIGRAIN BREAD 290 gm 747 kcal	1150
► CHICKEN BURGER 400 gm 707kcal 🕕 🔮	1150

 CLUB SANDWICH- VEGETARIAN 355 gm 830 kcal 	1050
■ TOMATO, MOZZARELLA & BASIL GRILLED IN PANINI 350 gm 238 kcal	1050
 BOMBAY GRILLED SANDWICH 400 gm 258 kcal 	1050
 STREET STYLE VEG SANDWICH 235 gm 258 kcal	1050
■ VEGETABLE BURGER 420 gm 724 kcal 🕕 🗐	1050

PIZZA

11:30 am to 04:00 am

PIZZAsmoked salmon,	
rucola & olives 491 gm 1079 kcal	1250
PIZZAchicken tikka, peppers & onion 591 gm 1185 kcal	1250
PIZZAonion, peppers,	1150
PIZZAprimavera 585 gm 1077 kcal 🕕 🔮	1150
PIZZAmargherita 420 gm 1149 kcal 🛈 🔮	1150

PASTA | 261KCAL

24 HRS

PASTAcarbonara 450 gm 676 kcal	1250
PASTAarabiata 450 gm 215 kcal	1150
PASTAaglio olio 380 gm 512 kcal	1150
PASTAbasil pesto 380 gm 453 kcal	1150





SNACKS

11:30 am to 04:00 am

■ TANDOORI JHINGA 295 gm 415 kcal ① ② plump prawns doused in creamy cheese & exotic spices, char grilled	1650
■ TAWA POMFRET 220 gm 713 kcal 😂 🛈 spiced, griddle cooked pomfret fillets	1650
SEEKH KEBAB 180 gm 473 kcal aromatic lamb kebab cooked on a skewer over charcoal	1550
■ CAJUN SPICED MURGH ① TIKKA 395 gm 826 kcal cajun dusted marinated chicken in yogurt & chilli, cooked in tandoor spit	1450
▲ MURGH MALAI TIKKA 395 gm 717 kcal thicken morsels marinated with creamy cheese & garlic	1450
LASOONI PANEER TIKKA 550 gm 270 kcal tandoor grilled paneerdominant garlic flavour	1250
■ TANDOORI MUSHROOM 180 gm 488 kcal tandoor grilled mushroomdominant tandoori flavour	1150
• ALOO MATAR SAMOSA 220 gm 289 kcal golden fried potato & peas parcel	900
 MIXED VEGETABLE PAKODA 155 gm 442 kcal an assortment of batter fried vegetables 	900
■ CHILLI CHEESE TOAST 162 gm 991 kcal ①	900
■ FIVE SPICE SPRING ROLLS 220 gm 228 kcal golden friedserved with chilli dip	900

DESSERT

24 HRS

► CHAI CRÈME BRULEE 190 gm 527 kcal everyone's favouritetea flavoured delicate & rich	400
► CHOCOLATE BROWNIE 200 gm 436 kcal	400
■ TIRAMISU 130 gm 424 kcal ① ② ② with a difference, flavours of espresso & rum	400
■ BAKED GULAB JAMUN 200 gm 108 kcal ① ⑤ gulab jamun baked with rabadi	400
 KESARI RASMALAI 190 gm 567 kcal (1) rasmalai in saffron flavoured rabdi 	400
■ ICE CREAM 110 gm 414 kcal 1	400

HOT BEVERAGES

24 HRS

COFFEE 180 ml	400
Espresso-02kcal / Cappuccino-110 kcal / Café latte-136 kc	al
TEA 180 ml 132 kcal (1) Masala, Ginger or Elaichi	400
TEA 180 ml 30 kcal Darjeeling, Earl Grey, Assam	400
HERBAL TEA 180 ml 02 kcal Jasmine, Chamomile, Mint, Green Tea	400
HOT CHOCOLATE 180 ml 110 kcal	400

COLD BEVERAGES

24 HRS

MILK SHAKE WITH ICE CREAM 350ml 495 kcal	450
■ MILK SHAKES 410 ml 288 kcal ①	400
 COLD COFFEE WITH ICE CREAM 350 ml 515 kcal 	450
■ COLD COFFEE 410 ml 308 kcal ①	400
• ICED TEA 410 ml 108 kcal	400

1022











from 7:00 pm to 12:30 am

WR	AF	S
----	----	---

SHAWARMA	
CHICKEN ROLL 435 gm 810 kcal 🕕 🚯	1600
shawarma chicken & pickled vegetables wrapped	
in freshly baked bread	

FALAFEL ROLL 411 gm 540 kcal 🕦 🚯	1250
falafel patties wrapped in freshly baked	
bread along with gherkins & parsley	

HOT MEZZEH

▲ KIBBEH 210 gm 709 kcal 🕡	1200
crispy fried lamb dumplings stuffed with pinenuts	

• SAFI'HA 253 gm 373 kcal	1100
b'iibnehhalloumi & zatar stuffed mini open pie	

COLD MEZZEH

■ TABBOULEH 180 gm 239 kcal 🚯	950
the famous parsley & cracked wheat salad	

BEIRUTI 180 gm 621 kcal	950
chickpea puree with extra strong garlic & lemon	

MAIN COURSE

LAHAM MOUZET 715 gm 1057 kcal 🔮 🚯	2000
lamb shanks served with spicy vegetable & lebanese rice	

KHUDRA MOUSIM 250 gm 307 kcal	1400
vegetables of the season grilled & sautéed in balsamic	

DESSERT

BAKLAWA	A 150 gm 742 kcal 🕕 😻 🚯	400
the famous	s lebanese crispy pistachio pastry	









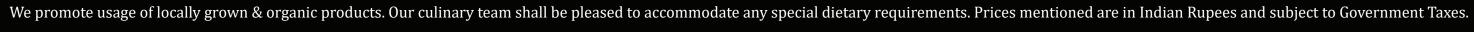


SPECIALTY CUISINE

from 12:30 pm to 2:45 pm & 7:00 pm to 10:30 pm

& nuts grilled in tandoor

STARTER		MAIN COURSE	
SARSON TANDOORI POMFRET 300 gm 713 kcal whole pomfret marinated in distinctively chosen special yellow mustard & roasted garlic	2050	▲ AMBADE KA MURGH 470 gm 580 kcal delicious preparation of roasted chicken cooked with ambada leaves	1800
► TANDOORI CHAAMP 335 gm 481 kcal an awadh delicacy – juicy new zealand lamb chops marinated with yogurt & subtle spices, flavored with kachari	2200	SAFARI GOSHT 480 gm 864 kcal a delicacy that takes indian hearts to sublime, tender pieces of lamb cooked with handcrafted spices by our master chef	1800
■ TANDOORI BROCCOLI 380 gm 272 kcal broccoli marinated with hung yoghurt, ginger & garlic finished in tandoor	1200	DESI DUM KA PANEER 450 gm 604 kcal cottage cheese cubes napped in a moderately slow cooked spiced thick tomato & onion paste, all cured spices & fresh coriander leaves	1300
 BHARWAN TANDOORI ALOO 412 gm 818 kcal potato barrels stuffed with creamed potatoes 	1200	 SUA DAKHANI SAAG 460 gm 413 kcal formula spinach tempered with roasted garlic, cumin & ginger, flavoured with dill leaves 	1150



KID'S MENU

11:00 am to Midnight

■ CHOTE BHEEM KI ALOO ① ⑥		SHINCHAN'S FAVOURITE NOODLES	
TIKKI CHAAT 265 gm 200 kcal all kids love when topped with yoghurt	550	▲ CHICKEN 230 gm 276 kcal 🔮 🔘	650
■ NODDY'S CHEESE	550	■ VEGETARIAN 215 gm 199 kcal	550
■ JIAN'S HUNGER ① ② TREAT 190 gm 294 kcal	550	■ SPONGEBOB'S FISH GOUJON 170 gm 241 kcal 🔮 😂 batter fried golden fish fingers	650
penne with classic tomato sauce flavoured with basil		■ OGGY'S CREAMY PASTA 210 gm 350kcal ① ⑤ spaghetti with chicken & mushrooms in cream sauce	650
MOTU PATLU BURGER in olive bread with smiley potatoes		▲ MINION'S MANCHURIAN 260 gm 214 kcal ⑥ O chicken manchurian served with egg fried rice	750
▲ CHICKEN 240 gm 406 kcal 🕕 🚯	650		
■ VEGETARIAN 230 gm 362 kcal 🕕 🔮	550	DESSERTS	
DORAEMON'S PIZZA		■ SCOOBY-DOO BROWNIE 140 gm 699 kcal ① ◎ with vanilla ice cream & hot chocolate sauce	300
FRESH FROM THE OVEN with your choice of topping		■ SHAUN'S SUNDAE DELIGHT 80 gm 414 kcal choice of ice cream flavour to make it your funday ① ③	300
▲ CHICKEN 320 gm 436 kcal ① 📀	650		
■ VEGETARIAN 300 gm 375 kcal 🕕 💗	550		

TO PLACE YOUR IN- ROOM DINING ORDER, PLEASE PRESS THE IN-ROOM DINING ICON ON YOUR ROOM PHONE.

AN AVERAGE ACTIVE ADULT REQUIRES 2,000 KCAL ENERGY PER DAY, HOWEVER, CALORIE NEEDS MAY VARY.







HOTEL SAHARA STAR, OPP. DOMESTIC AIRPORT, MUMBAI – 99, INDIA.